

For Faces Only

Dr. M. Sean Freeman Turns Back The Clock

BY MELINDA JOHNSTON

If you've ever looked in the mirror and wished you could take a few years off your appearance without looking artificial or stretched, then call Dr. M. Sean Freeman and his staff at the Center for Facial Plastic & Laser Surgery. With the motto of "only faces, only the best care," you can rest assured you are in good hands.

"I like to tell patients that most of what I do is restorative in nature. I restore them to what they looked like 15 or 20 years ago," Dr. Freeman says. "I can't stop people from aging, but I can turn the clock back."

Since he arrived in Charlotte in 1988, Dr. Freeman has been one of the few double board certified, fellowship-trained surgeons in the Southeast specializing in facial aesthetic surgery.

By specializing in faces only, Dr. Freeman has refined existing techniques — and created new ones — that have been adopted by surgeons across the country. His patients are the ones who benefit with individualized treatment plans. All patients are carefully assessed to find out what they want changed, and to determine what procedures would give them the best results.

"You have to be very selective, and that's where experience comes into play. Because we specialize in faces, our techniques are a little more refined," he says. "There are a lot of great procedures out there, but

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For instance, facelifts can range from a signature lift or a short flap facelift — great for patients with lax skin but no visible sag-

ging of muscles — to a deep-plane facelift that many women could benefit from, but most doctors don't do because the procedure is much more involved.

"Most of my facelifts are deep-plane surgery, where I lift the superficial muscles and operate on top of the muscles that move the jaw. If you learn how to do this procedure and do it well, you won't make people look stretched," Dr. Freeman says.

Dr. Freeman is an expert in eyelid surgery and has pioneered Lower Lid Blepharoplasty with SOOF — a technique he developed to improve the hollow look of the lower lid. This revolutionary lower eyelid surgery allows him to rejuvenate the lower lid without a noticeable incision, because it lifts the mid-face toward the lower lid, helping

to improve the hollow look that can sometimes accompany aging.

He also has pioneered the segmental approach to brow surgery, which allows him to lift each brow individually, if necessary. Some patients get

a lateral brow lift; others get a three-quarters brow lift or a full brow lift. It all depends on what Dr. Freeman finds during the exam, and what degree of lift is recommended.

"This procedure allows me to indi-



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Dr. M. Sean Freeman and his staff at the Center for Facial Plastic & Laser Surgery specialize in faces only, allowing them to refine existing techniques and achieve amazing results.

visualize the lift for each brow, so patients look natural when they are done and not surprised," he says.

In addition to facelifts and eyelid lifts, Dr. Freeman performs lip enhancements, rhinoplasty, neck lifts, facial implants, and other facial procedures. He offers a full line of skin-care products, as well as laser treatments and injectibles such as Botox and Radiesse. **TCW**

To Learn More

The Center for Facial Plastic & Laser Surgery is located at 11220 Elm Lane, Suite 101. Call 704/543-1110 or visit onlyfaces.com.